



INCLUDES A LEADING EDGE
PERSONALITY ASSESSMENT

FIGURE OUT YOUR BEST **CAREER** FIT

A PRACTICAL 3 STEP PROCESS TO
LEVERAGE YOUR INNATE TALENTS FOR
GREATER SUCCESS & SATISFACTION

DIANA DENTINGER

Creator of the Personality & Needs Profile®
Founder of the Your Life Your Way Academy

YOU ARE IN THE RIGHT PLACE!

SIGNS YOU MIGHT BE READY TO FIND A BETTER CAREER FIT

Lack of Growth: You might feel stagnant and are no longer learning or growing in your current role. A lack of new challenges could lead to boredom. Now you might have a gut feeling it is time to change, even if you can't pinpoint why.

Physical and Mental Exhaustion: Persistent feelings of fatigue, stress, or burnout indicate that your job might be negatively impacting your mental and physical well being. Exhaustion manifests as headaches, muscle tension or sense of being drained.

Misalignment of Values: You might find that your personal values do not align with those of your employer or the organization. This misalignment could lead to feelings of anger, sadness or irritability making it difficult to stay motivated.

Boredom with Responsibilities: You might experience boredom and disengagement from your daily tasks, feeling unfulfilled and lacking enthusiasm for your work. This could lead to a sense of hitting a ceiling in your career.

Feeling Undervalued: You might feel that your contributions and efforts are not recognized or appreciated, leading to a sense that your efforts don't matter. This feeling could result in disengagement and a desire for a more meaningful role

Impact on Self-Esteem: Your job might negatively affect your self esteem, leading to feelings of inadequacy or self-doubt. If you find yourself questioning your abilities or worth due to the work environment, it may be time for a change.

Desire for New Challenges: You might feel an internal urge for new experiences or challenges, indicating a readiness to explore different career paths. This desire can stem from a sense of unfulfillment in the current role.

Increased Stress Levels: You notice that your job is a significant source of stress in your life, impacting their overall mental health. Chronic stress from work could lead to serious health issues, suggesting a need for something more aligned to your innate talents and learned skills.

DIANA DENTINGER'S EXAMPLE

HER PERSONALITY NEEDS AND WHAT SHE DOES



Aiming & achieving goals,
Traveling for work,
Training & being active,
Leaving the herd mentality.

Using my intuition,
Sensing the way,
Being profound,
Nurturing the soul.

Inspiring others,
Doing breath work,
Giving self authorisation,
Living with purpose.



CONSCIENTIOUS
PERSONALITY NEED

- I innately teach well, transmit & unite.
- I desire to acknowledge the good & continue learning.
- I feel energised by being grateful, benevolent & idealistic.



Teaching & Coaching,
Provoking thought,
Raising consciousness,
Life long learner.



ADVENTUROUS
PERSONALITY NEED

- I innately coordinate well, demonstrate & progress.
- I desire to succeed & perform to the best of my abilities.
- I feel energised by being capable, talented & heroic.




INDEPENDENT
PERSONALITY NEED

- I innately complete & realize things effectively.
- I desire to love unconditionally & dance through life.
- I feel energised by being autonomous, free & deliberate.




Promoting freedom,
Being an Entrepreneur,
Feeling free of fears,
Being spontaneous & light.



NURTURING
PERSONALITY NEED

- I innately perceive well, use my intuition & easily predict.
- I desire to uncover things below the surface & go deep.
- I feel energised by being sensitive, profound & secretive.



ENTERTAINING
PERSONALITY NEED

- I innately guide well, discover & fantasize.
- I desire to consider others & make life sacred.
- I feel energised by being sincere, authentic & altruistic.




Following inner GPS,
Guiding clients,
Discovering & exploring,
Considering all as sacred.




INSPIRING
PERSONALITY NEED

- I innately dream a lot so I follow my deeper calling.
- I desire to renew, rejoice & reawaken my mission.
- I feel energised by being purposeful, elevated & believing.



ADAPTABLE
PERSONALITY NEED

- I innately listen well, offer perspective & save.
- I desire to serve & help those who need what I have.
- I feel energised by being understanding, inclusive & diverse.



Caring from the heart,
Listening to my heart,
Having different
Points of View.

**REMEMBER: YOUR SATISFACTION & SUCCESS DEPEND UPON BEING THE REAL YOU!
IT IS HOW YOU BEST INPUT FOR GREATER PRODUCTIVITY OUTPUT & OUTCOMES.**

WELCOME & GET READY FOR FUN!

Welcome here, I'm **DIANA DENTINGER**, your guide to bring out the best you ever. Back in 1985, I started my career as an Entrepreneur and Corporate Team Building Trainer. Since then, I've been on a mission to **design programs that are fast, fun and highly effective**. Whether you're navigating a journey for personal growth or seeking a spiritual compass, I've got something for you!

Over these 35+ years, I've helped hundreds of one on one clients in over 20 countries of the world. They are people like you, **wanting more out of life!** But in their race to success, the overwhelm of their roles and responsibilities, their fears and struggles, they lost themselves. Their feelings of confusion, frustration, guilt and regret also put a strain on their own health and relationships. What brought their **inner spark back to life was knowing who they are**. I've heard so many personal stories in my long Coaching Career. Humans are very fragile yet also very powerful!

In 2004, my Coaching skills skyrocketed when I become a **BioPsychology (Neuroscience) Psychosomatic Illness** therapist. These profound and practical approaches helped me unravel the mysteries of each person's inner conflicts and talents. Reverse engineering the research, I created the **Personality & Needs Profile®** and the **Your Life Your Way™** Coaching Methodology. For these I was awarded Top 100 World Women Achievers in 2018.

Here's the thing: You're here because you're ready for more and better! You've tried some techniques that worked, others that were a waste of time, others that only gave short term benefits. **How about tools that are spot on for you as a unique individual?!** This practical and personalised process gives you the key to unlock your greater potential for more happiness, health and vitality.

Born in Chicago, IL, I grew up in a huge midwestern USA family that taught me about life's variety and richness. I've spent most of my life in Europe (since 1984) raising my four kids in Northern Italy. Here's to you **becoming crystal clear & confident** for a happier, healthier and **more fulfilling life**, your way.



TABLE OF CONTENTS

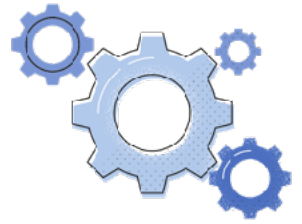


6	INTRODUCTION TO THE BEST CAREER FIT
7	THE HIERARCHY OF LIFE CHANGING QUESTIONS
8	TAKE STOCK OF WHERE I AM NOW & COULD BE
9	STEP 1 TO IDENTIFY WHO I REALLY AM
10 - 15	THE 22 UNIQUE INDIVIDUAL PERSONALITY NEEDS
16	REMEMBER TIMES I HAVE DONE THESE NEEDS
17 - 20	NEUROSCIENCE , PERSONALITY & PATH
21 - 22	STEP 2 TO DESCRIBE HOW I FEEL WHEN I AM ME
23	STEP 3 TO BLEND PERSONALITY FOR A GREAT FIT
24	CAREER EXAMPLES PER PERSONALITY NEED
25	REAL LIFE EXAMPLE OF PERSONALITY & CAREER
26 - 33	EXERCISES FOR MAKING THE BEST DECISION
34	THE BENEFITS OF HAVING MY PROFILE
35 - 36	TESTIMONIALS & READY TO START NOW
37	FREQUENTLY ASKED QUESTIONS

©2025 Diana Dentinger & Your Life Your Way Academy - All Rights Reserved

No part of FIGURE OUT YOUR BEST CAREER FIT including other materials associated with the Your Life Your Way™ Readout such as the Personality Needs Descriptions, Exercises, Videos, Quizzes may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, rewriting, video or audio recording nor by any information storage or retrieval system. Write us at: contact@yourlifeyourwayacademy.com or use the contact form on the website. This content is for informational purposes only and not intended to provide health or financial advice. Please seek support from a local professional if you are struggling with any serious issue.

INTRODUCTION TO THE BEST CAREER FIT



With all the technical advancements and the rapidly unexpected changes, we might **increasingly be required to REINVENT OURSELVES** more often in work. For some people it might be easier than for others.

No matter what you do now, remember **there will always be a place for you!** Also remember, that the best career fit, one that satisfies you on the inside (so you feel fulfilled) and on the outside (so you earn an income that allows you to have a great lifestyle) is **NOT ONLY** about having a **SKILL SET**.

When you use your learned knowledge and applied abilities, you become more effective in execution and performance, aka skillful. This is important, especially in traditional jobs in which you are like a cog in a machine. If you are less competent then it holds up the whole process.

Yet we are also seeing a rise in completely different types of career opportunities in the fields of entrepreneurship, education and the creator economy that include sales, tech, media and intellectual property.

TO FIND A BEST FIT YOU ALSO WANT TO KNOW WHAT MAKES YOU UNIQUE.
FROM NOW ON THIS GUIDE IS IN THE FIRST PERSON!

It's about being more me! Stepping fully into my complete set of innate talents and needs that drive my behaviour so I work in a state of flow and ease. I can be more productive and successful by living the best version of who I am!

This PDF Guide and process will start me on a path to:

- Enhanced Self-Awareness to leveraging existing strengths & development.
- Goal Alignment to set realistic and meaningful career objectives.
- Skill Development to identify ones that complement my natural abilities.
- More Prepared to be a winner in the competitive job market.
- Improved Decision-Making to assess opportunities and roles for performance.

THE HIERARCHY OF LIFE CHANGING QUESTIONS

... to avoid the overwhelm, stress & struggle, burnout or boredom!

Most people desperately search for **WHAT TO DO** when they want to change their lives! But starting at the bottom of the pyramid with less important questions like **WHAT & HOW** is going at it in a long drawn out, absolutely ineffective way.

In this process I take a **TOP DOWN APPROACH** to get more personalised and profounder answers, for me as a unique individual. For thousands of years, wise people and ancient philosophers have suggested to **KNOW THYSELF** because with that inner knowledge, we can tap into the vastness of answers that are inside.

This **PDF GUIDE** is precisely about that. Below are the **EXISTENTIAL QUESTIONS** in order of importance from top down. When I get crystal clear on **WHO I AM** then the other questions are organically answered with less effort, stress and struggle.



TAKE STOCK OF WHERE I AM NOW

THE PDF GUIDE IS WRITTEN IN THE FIRST PERSON (I, ME, MY)



How satisfied am I emotionally with my current job? 1 - 10

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

How satisfied am I financially with my current job? 1 - 10

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

How fitting is my job to my studies, abilities & skill set? 1 - 10

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Why do I want (or need) to change? Explain the inner & outer reasons.

What am I looking for in a new position? Explain it in detail.

Here is the 3 Step Process.

Read through the next pages & complete the exercises.

This is **less about thinking** or trying to figure out the right answers.

It is more about **feeling and trusting** in what comes to me first.



01 STEP

CLEAR ON WHO I REALLY AM

Identity is not an option! Identity is a vital necessity. It is an important piece for my emotional and mental wellbeing. It's important for finding my place in the world.

Without identifying myself in the **WHO I AM** then I make decisions less effectively from a **BOTTOM UP APPROACH**, from a **WHAT** to do and **HOW** to do it.

Without being solidly grounded in **WHO** then I risk falling into the many and various self defeating games like procrastinating, distracting myself, fearing failure, doubting, comparing myself to others, overworking and even burning out. **THERE MIGHT BE TIMES IN WHICH I DID & STILL REMEMBER** feeling out of alignment with myself.

Enough said! On the next pages, I will read through the list of **PERSONALITY NEEDS** and choose the 3 that reflect back to me aspects of who I am. I will mark **the ones that resonate most deeply with me**, the ones that truly capture **WHO I AM**.

In this Methodology we use the words **PERSONALITY NEED** because **I am a Person with a Personality**. And **Needs drive behavior**. Needs are what propel us forward, they are at the root of every action. They exist inside of us and yearn to be fulfilled.

Saying **PERSONALITY NEEDS** is more fitting than calling them strengths, qualities, or talents. The power and precision of this Methodology come from its origin in unique human **biological DNA and neurological programming at conception**.

**READING OUT LOUD ALL THE DESCRIPTIONS ON THE NEXT 6 PAGES,
I CIRCLE ONLY 3 THAT SOUND & FEEL THE MOST LIKE ME.**



ADAPTABLE PERSONALITY NEED



- I innately listen well, offer perspective & save.
- I desire to serve & help those who need what I have.
- I feel energised by being understanding, inclusive & diverse.



ADVENTUROUS PERSONALITY NEED



- I innately coordinate well, demonstrate & progress.
- I desire to succeed & perform to the best of my abilities.
- I feel energised by being capable, talented & heroic.



BALANCED PERSONALITY NEED



- I innately evaluate well, order & measure the pros and cons.
- I desire to decide what is right for me respecting others.
- I feel energised by being dutiful, fair & trustworthy.



CONNECTED PERSONALITY NEED



- I innately mediate well, join & negotiate.
- I desire to reconcile & heal those with pain.
- I feel energised by being affectionate, peaceful & moderate.

**CONTINUE READING THE DESCRIPTIONS OUT LOUD
TO CIRCLE THE 3 TOTAL THAT SOUND & FEEL MOST LIKE ME**



CONSCIENTIOUS PERSONALITY NEED



- I innately teach well, transmit & unite.
- I desire to acknowledge the good & continue learning.
- I feel energised by being grateful, benevolent & idealistic.



DYNAMIC PERSONALITY NEED



- I innately move well, articulate & finish what I start.
- I desire to advance & evolve my life projects.
- I feel energised by being unpredictable, changing & abstract.



ENGAGING PERSONALITY NEED



- I innately communicate well, conceive & create.
- I desire to design & produce, even with nature.
- I feel energised by being charming, romantic & loquacious.



ENTERTAINING PERSONALITY NEED



- I innately guide well, discover & fantasize.
- I desire to consider others & make life sacred.
- I feel energised by being sincere, authentic & altruistic.

**CONTINUE READING THE DESCRIPTIONS OUT LOUD
TO CIRCLE THE 3 TOTAL THAT SOUND & FEEL MOST LIKE ME**



ESTABLISHED PERSONALITY NEED



- I innately lead well, delegate & protect.
- I desire to have and own my things and belongings.
- I feel energised by being stable, assertive & materialistic.



EXPRESSIVE PERSONALITY NEED



- I innately celebrate well, liberate & live joy.
- I desire to let out what I have inside as if life were a party.
- I feel energised by being positive, optimistic & ecstatic.



INDEPENDENT PERSONALITY NEED



- I innately complete & realize things effectively.
- I desire to love unconditionally & dance through life.
- I feel energised by being autonomous, free & deliberate.



INNOVATIVE PERSONALITY NEED



- I innately begin well, invent & accelerate.
- I desire to play & experiment with many things.
- I feel energised by being curious, spontaneous & skillful.

**CONTINUE READING THE DESCRIPTIONS OUT LOUD
TO CIRCLE THE 3 TOTAL THAT SOUND & FEEL MOST LIKE ME**



INSPIRING PERSONALITY NEED



- I innately dream a lot so I follow my deeper calling.
- I desire to renew, rejoice & reawaken my mission.
- I feel energised by being purposeful, elevated & believing.



KNOWLEDGEABLE PERSONALITY NEED



- I innately study well, write & organize.
- I desire to reveal the mysterious unknown so others are aware.
- I feel energised by being hospitable, prepared & informed.



MAGNETIC PERSONALITY NEED



- I innately take charge well, assert & harmonize.
- I desire to master things that interest me & let myself go.
- I feel energised by being courageous, disciplined & humble.



NURTURING PERSONALITY NEED



- I innately perceive well, use my intuition & easily predict.
- I desire to uncover things below the surface & go deep.
- I feel energised by being sensitive, profound & secretive.

**CONTINUE READING THE DESCRIPTIONS OUT LOUD
TO CHECK THE 3 TOTAL THAT SOUND & FEEL MOST LIKE ME**



ORIGINAL PERSONALITY NEED



- I innately take risks well, wander & envision the future.
- I desire to be worry free & out of the box about life.
- I feel energised by being wild, youthful & without limits.



PASSIONATE PERSONALITY NEED



- I innately focus well, investigate & calculate.
- I desire to arouse the senses & move the energy of money.
- I feel energised by being charismatic & highly creative.



QUESTIONING PERSONALITY NEED



- I innately analyze well, contemplate & diagnose.
- I desire to counsel & advise others about their issues.
- I feel energised by being wise, calm, quiet & reflexive.



RADICAL PERSONALITY NEED



- I innately restructure well, transform & demolish.
- I desire to give value to & regenerate things in projects.
- I feel energised by being tenacious, transgressive & rebellious.

**FINISH READING THE DESCRIPTIONS OUT LOUD
TO CIRCLE THE 3 TOTAL THAT SOUND & FEEL MOST LIKE ME**



SELECTIVE PERSONALITY NEED



- I innately design well, empathize & please for pleasure.
- I desire to enjoy life & make every simple thing beautiful.
- I feel energised by being sensual, stylish & enthusiastic.



SUPPORTIVE PERSONALITY NEED



- I innately collaborate well, construct one level at a time.
- I desire to partner with people of high standards.
- I feel energised by being present, brilliant & successful.

**WHO DO I FEEL I AM THE MOST? WHICH 3 PERSONALITY NEEDS?
WRITE THE NAMES & KEY WORDS FROM THE DESCRIPTIONS BELOW**

1.

2.

3.

REMEMBER TIMES I HAVE DONE THESE NEEDS



Write the times I did the **3 Personality Needs** that resonate with me most.

1.

2.

3.

4.

5.

6.

7.

Am I expressing these words (Needs) in my current career?

THE NEUROSCIENCE ABOUT PERSONALITY

Only read if I enjoy the nerdy science like Diana... here's the take.

Most people have the misconception that they craft their identities from scratch, but that is not how it works. Our very essence, down to the biological core, is shaped by our DNA - it's not just an opinion, but a fact. **DNA is the blueprint of our being, carrying the intricate codes that make us who we uniquely are.**

While over 99% of our DNA makes us the same as everyone else, it's that tiny sliver under 1% that sets us apart. Within this fraction lies **Memory Information** passed down from our family lineage, defining not only our physical features but also embedding predictable emotions, talents, life problems and potential solutions.

Know that DNA is not just about outward appearances. My DNA contains whispers of **Emotional Memory from my parents and ancestors** that ingrain predispositions to act and react, to perceive and sense, to think about things a certain way.

Unpacking the complexity of Personality is hefty and that has been Diana Dentinger's mission. The biology is that these **Emotional Memories**, stored as images in our limbic systems, sketch the stories we tell ourselves, our personal narratives, which again, influence our actions and reactions. Our biggest issue is how to STOP automatically replaying inherited emotional dramas stored in the DNA, brain and cells that drain and consume our energy!



Sure of my Personality Needs, I simply live my Personality Potential which is stored in my frontal cortex. I become able to exit the vicious cycles of the past. This is how the game of life is set up, the rules, the challenge. Overcoming the repetitive programming is how I feel empowered to steer my life with intention.

The journey is about playing daily full out with unwavering confidence and vitality. I throw myself into the game aware of my talents to realise who I came to be!

I CAN SIMPLIFY THIS FOR MYSELF!



**GETTING MY UNIQUE & COMPLETE PERSONALITY PROFILE
GIVES ME ACCESS TO REAL ANSWERS FAST
BECAUSE THE GUESS WORK AND TRAIL & ERROR TAKE TIME!**

1. Go from feeling confused about what to do to letting who I am be naturally expressed. This attracts the opportunities that are most aligned to the real me.
2. Go from feeling overwhelmed with too much on my plate to defining what is really priority for me that brings more success and fulfilment into my daily life.
3. Go from feeling frustrated that I know there is more that I want from life to finally having the clear answers about how to make that all happen!

CLICK HERE TO VISIT THE PROFILE PAGE

<https://yourlifeyourwayacademy.com/profile>

WHAT I DO IN THE 21 DAY BEST YOU YET CHALLENGE

ONE POSSIBLE OPTION FOR A DIY PROCESS

GET STARTED WITH THE BEST YOU YET PROGRAM

1. Add to cart, complete the payment, get instructions.
2. Fill Out the Client Questionnaire in 20 - 30 minutes to receive my Complete PDF Personality Profile via email.
3. Do the Preparation Fun like the Self Image Picture.

SET UP THE MATERIALS

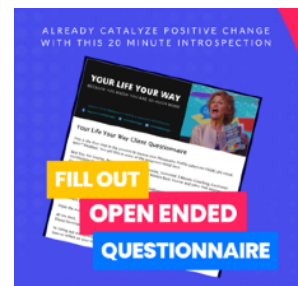
1. Download the 20 page PDF Personality Profile.
2. Print the 110 page Playbook Manual.
3. Print the Path to Prosperity Game Board.

PLAY THE GAME & FOLLOW THE SCHEDULE

1. Dedicate only **10 MINUTES A DAY** to read, watch & reflect.
2. Days 1 - 6 discover my core 3 Personality Needs.
3. Days 7 & 9 define my unique Life Purpose Statement.
4. Days 10 - 14 expand with my 3 Energy Needs.
5. Days 15 - 19 complete with my 6 Outer Needs.
6. Days 20 & 21 decide my next steps for progress.
7. Hop on 4 Office Hours Group Q&A Calls!

SUCCEED AT BEING MY BEST

1. Increase my confidence & energy levels.
2. Measure the meaning of my actions.
3. Recite daily my Empowering Personal Mantra.
4. Join the Sunday Dice Rolls for further integration.
5. Expect Self Realization made fast and fun!

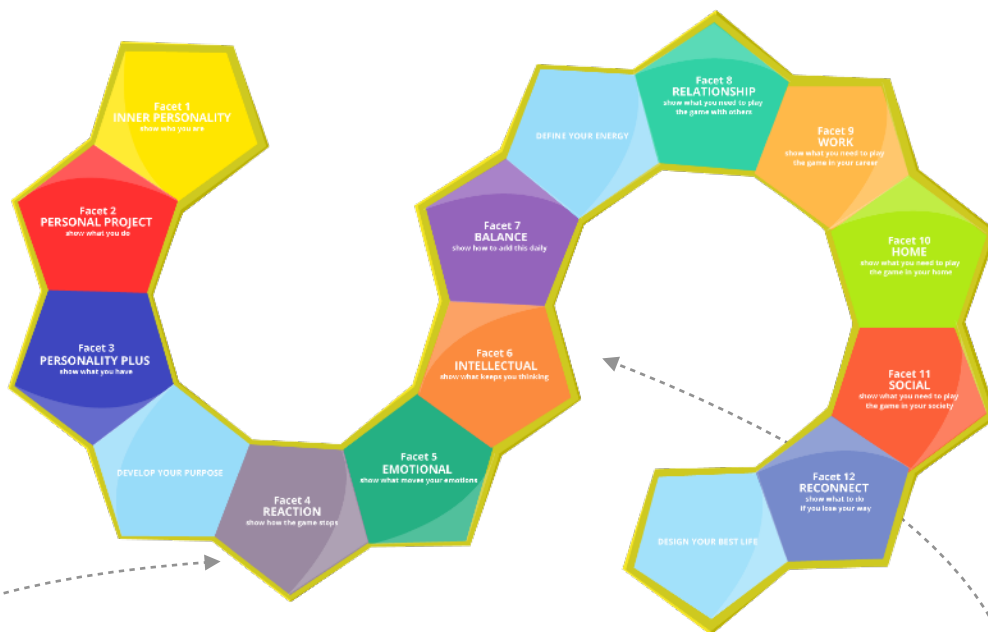


CLICK HERE TO GET MY COMPLETE PROFILE

<https://yourlifeyourwayacademy.com/profile>

THE PERSONALITY GAME BOARD

FUN KNOWING MYSELF IN THE 12 FACETS OF PERSONALITY SO
STEP BY STEP EVERYTHING IN MYSELF & MY LIFE TRANSFORMS!



DEDICATE 10 MIN A DAY FOR 21 DAYS FOR CLARITY & CONFIDENCE

Here are my Core 3 Personality Need Facets

Here are my Energy Personality Needs

Here are my 4 Outer Life Area Personality Needs

Here is blending my Core 3 Personality Needs into Life Purpose

SEE ALL THE OPTIONS

<https://yourlifeyourwayacademy.com/shop>

We are all emotional beings. And **where I am now** in a career, profession or job is **not satisfying** me enough. I want to **be happier** for more hours a day than I am being now!



02 STEP

HOW DO I FEEL WHEN I AM ME

The Personality Need descriptions were **filled with verbs, adjectives and energising words**. These words catalyse positive images within the frontal cortex of the brain!

In **Step One** I wrote down things I remember about doing these Needs. They feel quite natural to me. I wrote what I have done, love to do and still do well.

In **Step Two** now, I want to connect to **how I feel emotionally** when I am being me, expressing the best of the Personality Needs I chose. This helps me see more vividly this image and picture. It adds to fuelling my inner emotional life and experiences.

Work, like sleep, could be 30% of my life. It's vital for my health to dedicate it well.

From taking stock on page 6, am I a bit clearer now on what I am looking for?

If I desire more career satisfaction, I can use my inner emotional motivation to guide me towards people, situations and roles in which I can flourish. It's about being connected to my innate **Personality Needs** for **emotional fulfillment** too.

If I rated myself low on the first 3 questions on page 6, then I can trust this processes to spark more hope and excitement. It is possible to become a better version of myself, and to express this better version even in a career!

WHAT AM I DOING & HOW AM I FEELING



Write about the personal experiences and include the positive emotions.

1.

2.

3.

4.

5.

*If I change “perspective” or way of seeing and being myself, would my current “job” still be an appropriate place for me to fulfill my Needs?
Maybe I haven’t been able to see it so far. It just might!*

We are all **multi faceted** & **multi talented** beings. To be more satisfied, fulfilled and get paid what we are worth in a career, profession or job we must **be confident** we are in the best place.



03 STEP

BLEND MY PERSONALITY NEEDS FOR A GREAT FIT

In **Step 1** I identified some Personality Needs that feel like me. And I wrote times I have expressed them. Therefore I have evidence from the past that I do who I am! This is the first aspect of creating a great fit with a new or better career.

In **Step 2** I connected to the positive emotions of being and doing who I am. This is the emotional energy that gives me motivation to be more me now and in the future.

So here in **Step 3** I will read the list of **predictable professions** for all the **Personality Needs** and especially focus on the Needs I feel are the most me. This will help me mix and match and **blend potential industries**, areas of interest and roles to discover the best fit for my innate Personality. Let's do this!!!

The process to creating a better fit, one that brings inner fulfillment as well as external recognition, starts with clearly defining which are my **Personality Needs**.

In a **COMPLETE PERSONALITY PROFILE**, in which I get descriptions of **WHO I AM** in each of the 12 Facets, there are specific Facets that I use for work. My brain registers that I am doing well when I satisfy my Personality Need. It is complex so reaching out to Diana Dentinger for Coaching before making decisions is wise.

Along the way in my studies and experience, I have also learned skills that can be applied to defining the strategies and tactics that jobs require. Yet now I might not currently be maximizing all my innate potential. There's more to tap into!

BEST CAREER FIT SUGGESTIONS

The world is changing and so are many job descriptions.
But our **Needs are Needed** to bring about positive improvements.
My professional value is how **being me helps others** solve problems.

ADAPTABLE NEED

Best in the Service, Healthcare, Customer Service, Community Service Industry, Philosophy

ADVENTUROUS NEED

Best in Tourism, Anything Active, Consulting & Training Industry, Personal Training, Sports, Military

BALANCED NEED

Best in Something Humanitarian, Legal, with Human Rights, Guard, Politics, Contracts, Methodologies

CONNECTED NEED

Best in Networking, Logistics, Media, Mediation, Community Work even Medical Healthcare

CONSCIENTIOUS NEED

Best in Education, Consulting, Coaching, Energy Work or Handicrafts

DYNAMIC NEED

Best in Projects, Abstract Thinking, Mathematics, Physical Therapy, Sports

ENGAGING NEED

Best in Marketing, PR Communication, Call Center, Public Speaking, Creative Work, Sales

ENTERTAINING NEED

Best in Leadership, Guides, Exploration, Astronomy, Acting, Aesthetics, Holistic Medicine

ESTABLISHED NEED

Best in Classical Leadership Roles of Strategising, Finance, Real Estate, Property, Investments

EXPRESSIVE NEED

Best In Photography, Music, Event Planning, Construction, Anything that uses Many Talents

INDEPENDENT NEED

Best as an Entrepreneur, Free To Do As I Decide Role, Human Resources, Supply Chain, Dance

INNOVATIVE NEED

Best as Making Inventions, Anything New and Playful, Consulting, Start Ups

INSPIRING NEED

Best as a Missionary, Volunteer, Religious Work, Music, Art, Meteorology, Breath Work

KNOWLEDGABLE NEED

Best in Journalism, Healthcare, Gynaecology, Mystery Solving, Hospitality, Organizational Education

MAGNETIC NEED

Best in Enforcement, Control, Motivational Speaker, Electricity, Physics, Professor, Martial Arts, Animals

NURTURING NEED

Best in Food Industry, Water, Marines, Secret Services, Human Resources, Mother, Psychology, Writing, Fishing,

ORIGINAL NEED

Best in Futuristic Studies, Technology, Travel, Even Something That Requires Risk Taking

PASSIONATE NEED

Best in Finance, Accounting, Investigation, Art, Tango Dancing, Surgery, Military

QUESTIONING NEED

Best in Critical Thinking, Counselling, Therapy, Biology, Psychoanalysis, Mathematics, Archeology, Engineering

RADICAL NEED

Best to do Structural Work, Construction, Architecture, Property, Agriculture, Nuclear Science, Radiology

SELECTIVE NEED

Best in Architecture, Design, Fashion, Interior Design, History, Textiles, Aesthetics, Art, Textiles, Aesthetics

SUPPORTIVE NEED

Best in Construction Industry, Insurance, Associations, Consulting, Business In Partnerships

SEE THE REAL LIFE EXAMPLE OF DIANA'S PERSONALITY
& HOW EACH ASPECT OF WHAT SHE DOES IS "SO HER"



CONSCIENTIOUS NEED

Best in Education, Consulting, Coaching,
Energy Work or Handicrafts

One on One
Group Coaching
Online Personal Growth
Certify Coaches
Tapping & 2 Pointing to
Shift Energy, Tutoring

INDEPENDENT NEED

Best as an Entrepreneur, Free To Do As I Decide
Role, Human Resources, Supply Chain, Dance

Entrepreneur,
Free People of Fear,
Love Myself,
Love My Days

NURTURING NEED

Best in Food Industry, Water, Marines, Secret Services,
Human Resources, Mother, Psychology, Fishing,

Use Intuition,
Profound Tools,
Be in the Flow,
Psychic abilities

ADVENTUROUS NEED

Best in Tourism, Anything Active, Consulting &
Training Industry, Personal Training, Sports, Military

Travel to Speak,
Corporate Training,
Coach Facilitator
Certification

ADAPTABLE NEED

Best in the Service, Healthcare, Customer Service,
Community Service Industry, Philosophy

Care for Clients,
Listen to Clients,
Offer Perspective

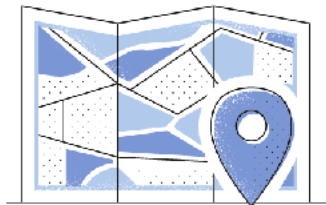
INSPIRING NEED

Best as a Missionary, Volunteer, Religious Work,
Music, Art, Meteorology, Breath Work

Weekly Podcast,
Blog Articles,
Social Media



WRITE DOWN MY PERSONALITY NEEDS
TO SEE THEM ALL ON ONE PAGE



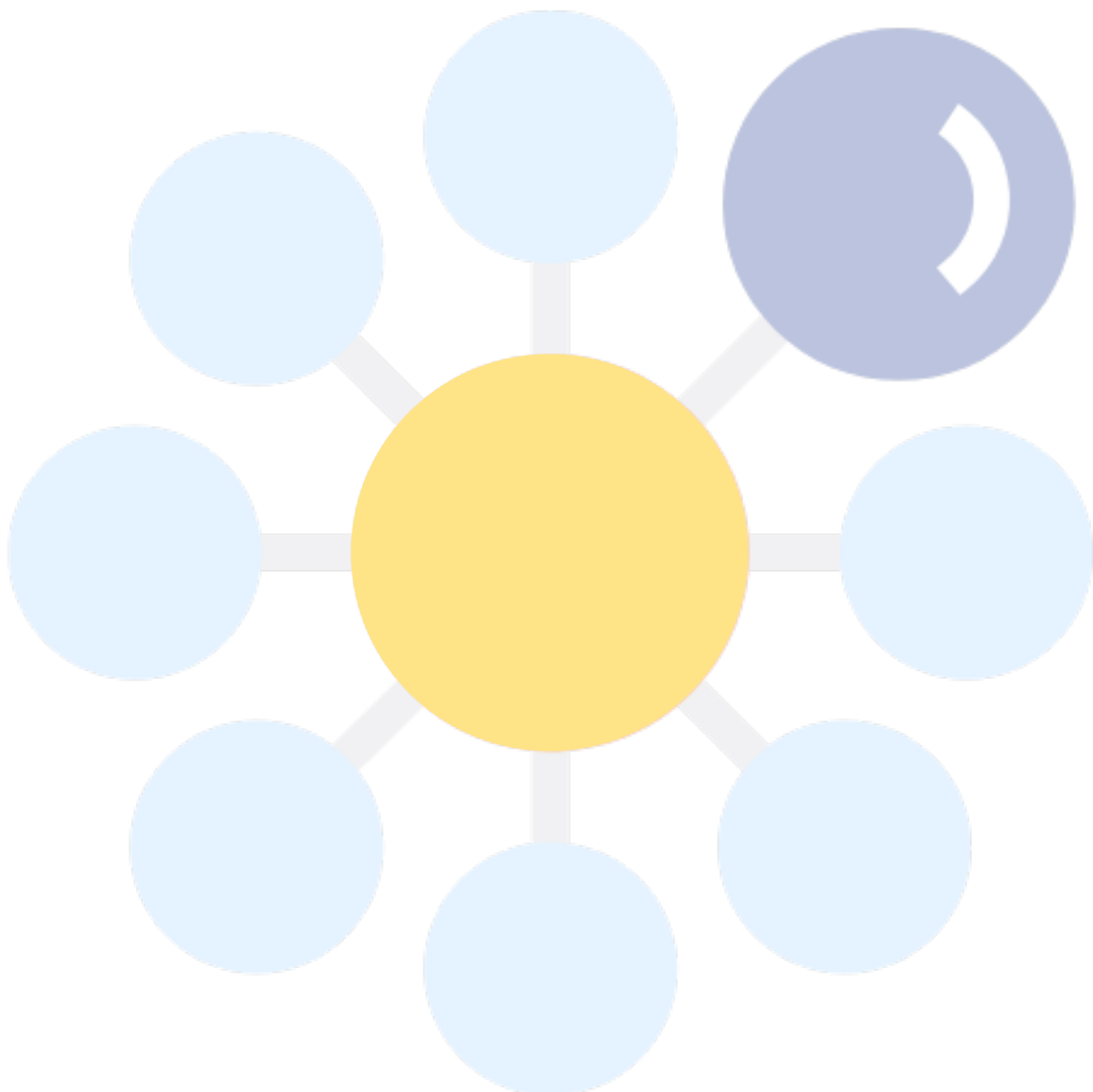
A large, empty, rounded rectangular box with a light yellow background, intended for writing down personality needs.

A large, empty, rounded rectangular box with a light blue background, intended for writing down personality needs.

A large, empty, rounded rectangular box with a light yellow background, intended for writing down personality needs.

POWER TIP

MIND MAP MY **PERSONALITY NEEDS** TO DISCOVER A BEST FIT, INDUSTRY
OR **DAILY TASKS** FOR MY FULFILLMENT & FINANCIAL SUCCESS



POWER TIP

BRAINSTORM IDEAS ABOUT HOW TO EXPRESS MY **PERSONALITY NEEDS**
FOR A SUPER POSITION & SUCCESS IN A NEW ROLE OR JOB



POWER TIP

MIND MAP A STEP BY STEP PERSONAL PROCESS FOR **DAILY TASKS**
& **MAKING CHANGES** TOWARDS A MORE FULFILLING CAREER

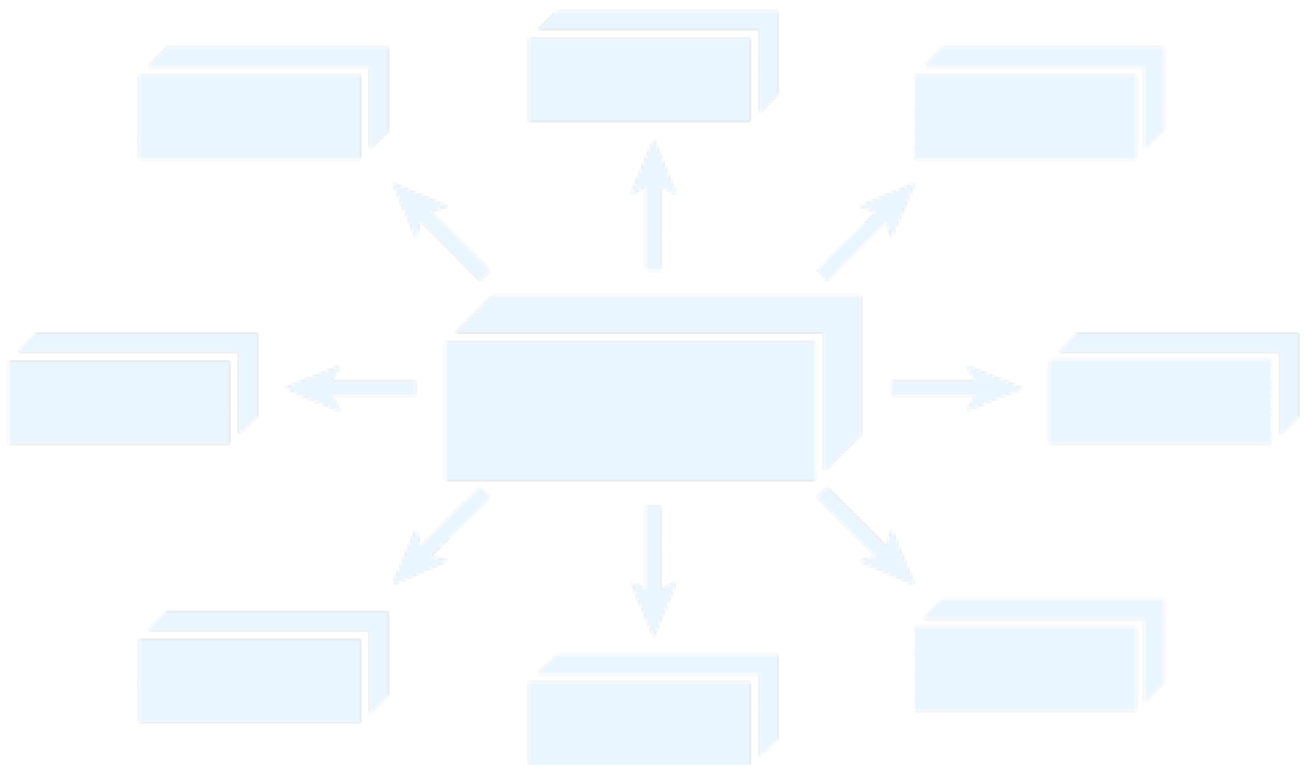


FIGURE OUT MY BEST CAREER FIT

What new role or position can I apply for or create **right now** to fulfill my **Personality Needs** in a more appropriate career based on my level of **experience, skills** and **education**?

I am a “work in progress”! Which new skills could I learn in the next 3 months to 1 year so as to apply for or create a more **ideal role or position** that fulfills my **greater potential**?



POWER TIPS

Knowing, feeling and **clearly seeing me being my best self** is useful in every area of business & life. I use the key words from my **Personality Needs** to say to others.

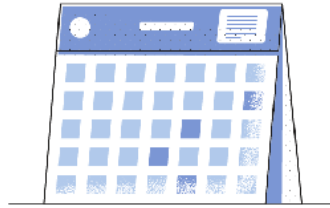
1. IMPROVE MY RESUME & INTERVIEW USING MY KEY WORDS



2. IMPROVE MY PERSONAL BRAND MESSAGE & ELEVATOR PITCH



3. CREATE A PLAN TO BECOME MORE ME & SKYROCKET MY SUCCESS



TASKS TO ACCOMPLISH IN MONTH 1	TASKS TO ACCOMPLISH IN MONTH 2	TASKS TO ACCOMPLISH IN MONTH 3
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
6.	6.	6.
7.	7.	7.
8.	8.	8.
9.	9.	9.
10.	10.	10.

TAKE STOCK OF WHERE I COULD BE



How emotionally fulfilling could this other work be? 1 - 10

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

How financially satisfying could this other work be? 1 - 10

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

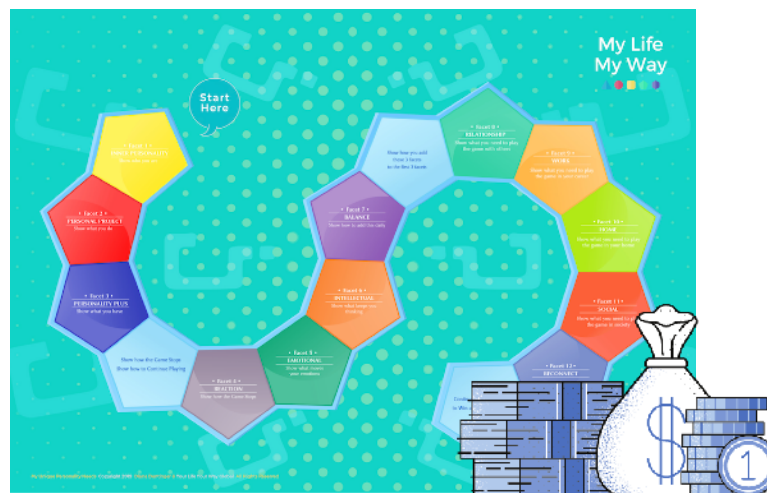
How fitting could this be to my innate Personality Talents? 1 - 10

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Where can I begin to search for this opportunity?

How can I describe my interest in this opportunity?

THE BENEFITS OF HAVING MY UNIQUE PROFILE



Identifying which innate **PERSONALITY NEEDS** I feel are me is just the start. But I might not have “guessed right”. Understanding the depths of meaning of my Personality Needs is **VITAL BUT ALSO** in which Personality Facet (area) that Need is!

My Personality is quite complex but it has been super simplified for me when I get a Partial or Complete Personality Profile in a DIY or in One on One Program. Above is the Game Board of the **12 FACETS. I AM MORE THAN JUST 1 TYPE!**

FAST TRACK TO LIVING MY LIFE INSTEAD OF FIGURING MYSELF OUT!

1. I become clear about all my innate Needs & abilities so I overcome whatever confusion or doubt I have. I finally see the direction of my life.
2. I feel connected to who I am, I live a deeper self love, I stop worrying about the future and I tap into my potential fully.
3. I can develop creative options, feel more comfortable sharing with others & know I can move energy to make my dreams a reality.
4. I can have confidence and feel empowered being myself, take more decisive action, do better daily and create momentum to reach results.
5. I am more concentrated, focused on priority tasks, feeling less pulled by “shiny objects”, entering easily into my zone and flow.

WHAT PEOPLE SAY ABOUT THIS METHODOLOGY

What Clients Say about having their Profile

After going through my Personality Profile with Diana, I started to feel good naturally, have more energy, **peak my performance** and even increased my income by 58% in 6 months.



Mopani MK
Banking Industry
Motivational
Speaker
UK

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Diana Lehner
Veterinarian &
Animal Trainer
AUSTRIA

The course **opened my eyes** on which needs I have to address and how. Now I am aware of whenever I get off course and about my next steps. Life is so much more enjoyable when you **stop wandering in circles** and start walking towards your goals. I'm equipped with everything I need but wasn't sure how to use it all!

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile

This program is astounding. After a 2 Day Intensive with Diana, I even got my wife, sister, and children coached. **Everyone needs Your Life Your Way.** Thanks for making it accessible to more people!



Miguel Ribeiro Ferreira
Shark Tank
Judge, Portugal

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile




Stig Bertelsen
Quantum Healer
Practitioner
SWEDEN

Sometimes even we who work professionally with giving feedback need feedback ourselves & I mostly go to Diana for this. She is also a **power house of compassionate energy** built on a foundation of researched academic skills.

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile




Sal Ramya
Soft Skills
Trainer
INDIA

I have attended many workshops and heard so many Coaching styles, patterns and topics but none of them is so unique as yours. This Coaching is tailor made for each and every individual. If knowledge is powder, knowledge of yourself I the ultimate light and power. I am really glad for having met you. My heartfelt thanks.

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Brid Hanlon
Healy & Timewaver
Consultant
IRELAND

Absolutely brilliant! I had no idea of who I was... I even feel upset about it because I managed to provide without knowing and my reference points were always outside, who does that person say I am, do I fit in... then I must be ok even if I don't know who I am. I have a lot of catching up to do...

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile

I got **more out of 2 days with Diana** than in 8 UPW's. I was even involved in the organization of Robbin's events. This is just what I was looking for in my own Personal and Professional Development.



Callum Bridgeford
Avocado Ninja
CEO Health Store
UK

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile




Costanza Arduino
Author, Bowen
Practitioner
ITALY

With Diana's help I finally understood the **profounder reasons why I was afraid** to publish my books, angel cards and meditations. She mentioned if there was someone in the family tree that worked with angels. It was crazy when my father told me the story!

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Gillian Hipp
Ph.D. Movement
Therapy
UK

This Methodology found a spare puzzle piece that I hadn't been aware of in my Personality. Actually, it was the **missing piece that's not been there for my whole life.** Massive weight lifted... I love working through all this and something has really shifted for me... very grateful to you! The universe works in amazing ways!

YOUR LIFE YOUR WAY ACADEMY

READY TO START NOW?



I can get a simple, **STREAMLINED PROCESS** making it easy for me to dive deep into every aspect of my being when I get my unique **PERSONALITY PROFILE** offered along with Video Masterclasses. I want to know myself and create a great life.

Diana Dentinger lays it all out for me in a **FUN, GAME LIKE** format taking the guesswork out of discovering the multifaceted person that I truly am.

OPTION 1 – THE 21 DAY **BEST YOU YET** CHALLENGE

1. My Complete Personality Profile with Descriptions in all 12 Facets,
2. A 110 Page Manual Playbook for going fast and deep into myself,
3. 10 Part Masterclass Video Trainings to understand the process fully,
4. Access to 4 Office Hour Group Q&A Zoom Calls to make better decisions,
5. The Path to Prosperity Game Board and Member Activities!

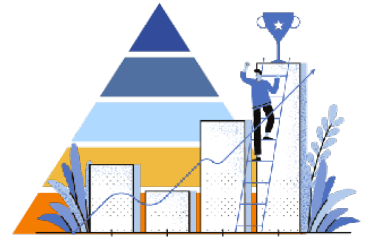
OPTION 2 – THE DIY **SELF CONFIDENCE** WORKSHOP

1. My Partial Personality Profile with Descriptions of my Core 3 Talents,
2. A 37 Page Manual Playbook for Following the Proven Process,
3. 12 Part Masterclass Video Trainings to follow along when I want,
4. Access to 2 Office Hour Group Q&A Zoom Calls for more clarity.

OPTION 3 – ACCELERATE WITH **1 ON 1 COACHING**

1. My Complete Personality Profile with Descriptions in all 12 Facets,
2. A 110 Page Manual Playbook for going fast and deep into myself,
3. 20 Part Masterclass Video Trainings to understand the process fully,
4. Access to 4 Office Hour Group Q&A Zoom Calls to make better decisions,
5. The Path to Prosperity Game Board and Member Activities!
6. Personal guidance by Diana Dentinger, creator of the Methodology.

FREQUENTLY ASKED QUESTIONS



1. What is a Personality & Needs Profile® Readout?

The Personality Profile Readout is a 20 page readout with 12 pages of descriptions of my Unique Individual Needs in each of the 12 Facets of Complete Personality. The descriptions are “key worded” so my biology, neurology and psychology remember “what it’s like to be me”. These key words have the power to catalyse change in me so it is easy to step into my potential and feel energised. Ultimately my Personality Profile Readout is an Instruction Manual on how to live life my way being the best version of myself. Offered in **VARIOUS COURSE OPTIONS** it is accompanied by a 110 page Playbook with worksheets, reflection questions and exercises to facilitate the process of self awareness, decision making and focused action taking.

2. How does the profiling process work?

First I fill out a Questionnaire writing at least 30 words to each of the 15 open ended questions such as: “Name the number one challenge that if it were solved would change my life for the better?” When correctly filled out, my questionnaire is put into a system that elaborates my Personality Profile Readout. It organises the Needs I have and in which Facet of Personality they are in. This Methodology is protected by copyright laws.

3. Does Personality change over time?

No, my innate Personality does not change. The degree to which I live my Personality is what changes. I might have periods during my life in which I fulfill my Unique Individual Personality Needs and am therefore expressing my Personality potential. And there might be other periods in my life in which I do not. Being that this Profile and Methodology were created by reverse engineering the root causes of psychosomatic illnesses, there is a higher probability of me developing an illness and emotional blocks when I am not expressing my fuller potential.

4. How does this Profile differ from other Personality Assessments?

Most other “tests” or assessments have me answer a multiple choice questionnaire, forced yes or no answers, or even rating an affirmation from strongly agree to strongly disagree. These are called Psychometric tests. They are not based on science. And if I would take the same test at a distance of time, there are probabilities that the results will vary. The results I obtain from these “tests” or assessments are that I am 1 of 4/8/9/16 types. But I am so much more! That is why the Your Life Your Way Academy is my one stop, best place for personal growth.

MORE ABOUT THE ALL THE OPTIONS

<https://yourlifeyourwayacademy.com/shop>

MORE FUN & INSPIRATION

From **Podcast Episodes** each week on a variety of topics, both in audio and video format, to **Self Help Books** for my continued personal growth, Diana Dentinger shares her vast professional experience and profound wisdom to help me live a great life being the great person I am meant to be!

<https://www.youtube.com/user/dianadentinger>

<https://www.linkedin.com/in/dianadentinger>

<https://www.instagram.com/dianadentinger/>

<https://www.facebook.com/YourLifeYourWayGlobal>

<https://www.tiktok.com/@diana.dentinger>



<https://podcasts.apple.com/us/podcast/diana-dentinger/id1794623759>

<https://open.spotify.com/show/1LsdLt1H8zsXIRnhPM4yMB>

<https://yourcast.jiosaavn.com/dashboard/podcast/589422/episodes>

<https://player.fm/podcasts/diana-dentinger>