



# YOUR LIFE YOUR WAY ACADEMY

*Fast & Fun Personal Growth  
for Long Lasting Fulfillment*



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## Example Client Questionnaire (1)

*Coaching with the Your Life Your Way Coaching Methodology™ & Personality & Needs Profile®*

**Woman 50, Teacher, Hobby Artist**

\* If you had to choose between one of these, which would it be: Freedom or Stability. Which ONE do you desire the most? Write either Freedom or Stability in the box below.

Freedom

\* Rate your overall life satisfaction from 1 (low) to 10 (high).

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\* In what area:

Weight and relationship

\* DESCRIBE IN 20 WORDS: What is the number one challenge that if it could be solved would make the biggest change in your personal or professional life?

Relationship with husband of 45 years. We both went in to the relationship with little in common. Communication is difficult resulting in frustration and irritability on my part. Letting this go and reaching a place of acceptance would enable me to have more inner (and outer peace perhaps)

\* In all honesty why do you feel this way?

I needed to escape a chaotic childhood. Married at age 18yrs. I didn't really know myself at that time, and although I was very responsible, I was also very naive.

\* Write out what you feel is Your Life Purpose or "Your Reason to Be".

To bring joy, confidence and calmness to women through teaching them to paint. Using their right side of the brain results in a lovely, peaceful space whilst they also develop skills and make beautiful art. They gain confidence and learn mistakes are just happy accidents.

So, it's a lovely process for them and it's also a lovely thing for me to promote and witness...the changes that come about for them. I know I have a gift with my art and I know. I am also a good teacher.