

Choose 3 from the full list of Personality Needs

LISTEN TO THE VIDEO QUIZ

Remember that **Needs Drive Behavior**. You have “needs” inside of you as your personality resides in the prefrontal cortex area of your brain. So from the inside out, you naturally feel compelled to behave based on your “need”. Below are the positive qualities of the Personality Needs. When you express your best, you feel more alive and purposeful. Feeling stress, frustration or overwhelm is not “doing” who you are.



ADAPTABLE
PERSONALITY NEED



- I innately listen well, offer perspective & save.
- I desire to serve & help those who need what I have.
- I feel energised by being understanding, inclusive & diverse.



ADVENTUROUS
PERSONALITY NEED



- I innately coordinate well, demonstrate & progress.
- I desire to succeed & perform to the best of my abilities.
- I feel energised by being capable, talented & heroic.



BALANCED
PERSONALITY NEED



- I innately evaluate well, order & measure the pros and cons.
- I desire to decide what is right for me respecting others.
- I feel energised by being dutiful, fair & trustworthy.



CONNECTED
PERSONALITY NEED



- I innately mediate well, join & negotiate.
- I desire to reconcile & heal those with pain.
- I feel energised by being affectionate, peaceful & moderate.



CONSCIENTIOUS
PERSONALITY NEED



- I innately teach well, transmit & unite.
- I desire to acknowledge the good & continue learning.
- I feel energised by being grateful, benevolent & idealistic.



DYNAMIC
PERSONALITY NEED



- I innately move well, articulate & finish what I start.
- I desire to advance & evolve my life projects.
- I feel energised by being unpredictable, changing & abstract.



ENGAGING
PERSONALITY NEED



- I innately communicate well, conceive & create.
- I desire to design & produce, even with nature.
- I feel energised by being charming, romantic & loquacious.



ENTERTAINING
PERSONALITY NEED



- I innately guide well, discover & fantasize.
- I desire to consider others & make life sacred.
- I feel energised by being sincere, authentic & altruistic.



ESTABLISHED
PERSONALITY NEED



- I innately lead well, delegate & protect.
- I desire to have and own my things and belongings.
- I feel energised by being stable, assertive & materialistic.



EXPRESSIVE
PERSONALITY NEED



- I innately celebrate well, liberate & live joy.
- I desire to let out what I have inside as if life were a "party".
- I feel energised by being positive, optimistic & ecstatic.

The list of Personality Needs continued...

BEGIN BY SIMPLY DOING MORE OF YOUR NEEDS

Don't think too hard. Feel in your body, while listening to the video quiz which ones resonate the most with your heart. These "needs" are why you feel compelled to do.



INDEPENDENT
PERSONALITY NEED

- I innately complete & realize things effectively.
- I desire to love unconditionally & dance through life.
- I feel energised by being autonomous, free & deliberate.



INNOVATIVE
PERSONALITY NEED

- I innately begin well, invent & accelerate.
- I desire to play & experiment with many things.
- I feel energised by being curious, spontaneous & skillful.



INSPIRING
PERSONALITY NEED

- I innately dream a lot so I follow my deeper calling.
- I desire to renew, rejoice & reawaken my mission.
- I feel energised by being purposeful, elevated & believing.



MAGNETIC
PERSONALITY NEED

- I innately take charge well, assert & harmonize.
- I desire to master things that interest me & let myself go.
- I feel energised by being courageous, disciplined & humble.



KNOWLEDGEABLE
PERSONALITY NEED

- I innately study well, write & organize.
- I desire to reveal the mysterious unknown so others are aware.
- I feel energised by being hospitable, prepared & informed.



NURTURING
PERSONALITY NEED

- I innately perceive well, use my intuition & easily predict.
- I desire to uncover things below the surface & go deep.
- I feel energised by being sensitive, profound & secretive.



ORIGINAL
PERSONALITY NEED

- I innately take risks well, wander & envision the future.
- I desire to be worry free & out of the box about life.
- I feel energised by being wild, youthful & without limits.



PASSIONATE
PERSONALITY NEED

- I innately focus well, investigate & calculate.
- I desire to arouse the senses & move the energy of money.
- I feel energised by being charismatic & highly creative.



QUESTIONING
PERSONALITY NEED

- I innately analyze well, contemplate & diagnose.
- I desire to counsel & advise others about their issues.
- I feel energised by being wise, calm, quiet & reflexive.



RADICAL
PERSONALITY NEED

- I innately restructure well, transform & demolish.
- I desire to give value to & regenerate things in projects.
- I feel energised by being tenacious, transgressive & rebellious.



SELECTIVE
PERSONALITY NEED

- I innately design well, empathize & please for pleasure.
- I desire to enjoy life & make every simple thing beautiful.
- I feel energised by being sensual, stylish & enthusiastic.



SUPPORTIVE
PERSONALITY NEED

- I innately collaborate well, construct one level at a time.
- I desire to partner with people of high standards.
- I feel energised by being present, brilliant & successful.

The Game of Self Discovery Continues

PERSONALITY IS MORE COMPLEX THAN THIS DIY QUIZ

There are 12 different **FACETS** (areas of Personality). Let's say that Complete Personality is a puzzle of 12 pieces. Each piece has its place in the whole picture.

1. The puzzle can't be completed if the pieces are put in the wrong place.
2. The puzzle can't be completed if a piece is missing all together.

It's the same with Personality, being the **BEST YOU**. When you have all the pieces of your puzzle and know where each one goes, this makes life simpler!

YOU ARE SO MUCH MORE THAN 1 OF 4 TYPES: It is impossible to figure out which of your Personality Needs goes in each of these **12 FACETS** of Personality listed below. Having this precise information helps you realise all your potential.

1. Inner Personality
2. Personal Project
3. Personality Plus
4. Stress Reaction
5. Emotional Need
6. Intellectual Need
7. Need for Balance
8. Relationship Need
9. Work Need
10. Home Need
11. Social Need
12. Reconnect Need

When you are ready to really be the **BEST YOU** the next best steps would be to get a full Complete Personality & Needs Profile® as DIY or Coaching.



CLICK HERE TO FIND OUT MORE ABOUT A PROFILE

<https://yourlifeyourwayacademy.com/profile>

CLICK HERE FOR ONE ON ONE COACHING OPTIONS

<https://yourlifeyourwayacademy.com/coaching>

What People Say about This Coaching Methodology

CLIENTS IN OVER 70 COUNTRIES OF THE WORLD

Increasing your self awareness is what gives you greater access to making the best decisions aligned to the real you. You achieve more success and deeper satisfaction.

What Clients Say about having their Profile



Gillian Hipp
Ph.D, Movement
Therapy
UK

This Methodology found a spare puzzle piece that I hadn't been aware of in my Personality. Actually, it was the **missing piece that's not been there for my whole life**. Massive weight lifted... I love working through all this and something has really shifted for me... very grateful to you! The universe works in amazing ways!

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Diana Lehner
Veterinarian &
Animal Trainer
AUSTRIA

The course **opened my eyes** on which needs I have to address and how. Now I am aware of whenever I get off course and about my next steps. Life is so much more enjoyable when you **stop wandering in circles** and start walking towards your goals. I'm equipped with everything I need but wasn't sure how to use it all!

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Miguel Ribeiro Ferreira
Shark Tank
Judge, Portugal

This program is astounding. After a 2 Day Intensive with Diana, I even got my wife, sister, and children coached. **Everyone needs Your Life Your Way**. Thanks for making it accessible to more people!

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Stig Bertelsen
Quantum Healer
Practitioner
SWEDEN

Sometimes even we who work professionally with giving feedback need feedback ourselves & I mostly go to Diana for this. She is also a **power house of compassionate energy** built on a foundation of researched academic skills.

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Sal Ramya
Soft Skills
Trainer
INDIA

I have attended many workshops and heard so many Coaching styles, patterns and topics but none of them is so unique as yours. This Coaching is tailor made for each and every individual. If knowledge is powder, knowledge of yourself I the ultimate light and power. I am really glad for having met you. My heartfelt thanks.

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Brid Hanlon
Healy & Timewaver
Consultant
IRELAND

Absolutely brilliant! I had no idea of who I was... I even feel upset about it because I managed to provide without knowing and my reference points were always outside, who does that person say I am, do I fit in... then I must be ok even if I don't know who I am. I have a lot of catching up to do...

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Callum Bridgeford
Avocado Ninja
CEO Health Store
UK

I got **more out of 2 days with Diana** than in 8 UPW's. I was even involved in the organization of Robbin's events. This is just what I was looking for in my own Personal and Professional Development.

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



Costanza Arduino
Author, Bowen
Practitioner
ITALY

With Diana's help I finally understood the **profounder reasons why I was afraid** to publish my books, angel cards and meditations. She mentioned if there was someone in the family tree that worked with angels. It was crazy when my father told me the story!

YOUR LIFE YOUR WAY ACADEMY

What Clients Say about having their Profile



After going through my Personality Profile with Diana, I started to feel good naturally, have more energy, **peak my performance** and even increased my income by 58% in 6 months.

YOUR LIFE YOUR WAY ACADEMY

